



macARULLA

01

ENG



the  
MENAIRONS'  
forest

▷ Andorra

# the MENAIRONS' forest



## HOW TO GET HERE

Crta. General 4, Km 8.5

Pal - AD400 La Massana

(towards the Vallnord-Pal Arinsal resort)



## COORDINATES

42.537330, 1.480423

 Easy

 4 km

 125 m

 2 hours approx.



-  Always follow the marked path.
-  Wear proper walking shoes.
-  Bring plenty of food and water.
-  Make sure you take your rubbish with you.
-  Check the weather forecast before setting off.
-  Respect everything you find on your route: don't pull or damage them.
-  Respect the plants on your route: don't pick them or damage the surroundings.
-  Don't light any fires.
-  The routes are not suitable for people with reduced mobility.
-  Keep an eye on your children at all times, especially those under 3 years of age.



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## DO YOU KNOW THE MENAIRON'S?

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The *menairons* are beings so tiny that thousands of them can fit inside the tube of a sewing needle. They emerge from a plant known as St. John's herb (a kind of fern, *herba menaironera* in Catalan) during the night of the summer solstice, and are protected by dragons.

They're very restless and love working. If you come across one, don't you dare look at or speak to them, because if you do, they'll think you're their master and won't stop pestering you, asking 'What shall we do? What shall we say?' until you give them a task. And if that doesn't happen, they'll simply get on your nerves forever more!

The *menairons* of Pal were given a job years and years ago. Can you guess what it is? Well, it's protecting and looking after the white stones of Andorra. Don't try to find them because you won't have any luck: they're buried deep below this forest and they're one of the most valuable treasures in these valleys. Want to know why? Because, thanks to these stones, the children of Andorra have lively imaginations.

The *menairons* work together to care for the white stones, which get their energy from nature. Team work is needed to keep them active and ensure all their elements are in perfect harmony.





## the Raven AND HIS PLANS

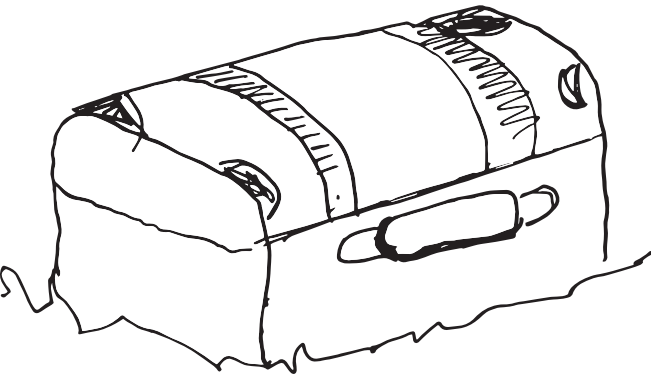
**Corax**, the raven, admires the magic and peace of this forest, so has decided to live here with his mate so that they can have chicks. Everything they need to feed and protect themselves is here.

But, through fear and ignorance, Corax wants to banish the *menairons* thinking that life will be better there without them.

Do you know what's happened now? **He has hidden all over the forest the most important tools that the elves need to work.**

The *menairons* have woken up feeling very edgy this morning. They have to retrieve their tools to maintain Nature's harmony, if they don't want the white stones to lose their power and the boys and girls of these valleys to lose their imagination.

**What would the people of Andorra be like without their imagination?**



### WE NEED YOUR HELP!

Help us to find the objects Corax has hidden in the forest. The *menairons* and all the people of Andorra will be very grateful!

Follow the marked path and the instructions in the guide.

A journey full of surprises awaits...

**USE A PEN OR A PENCIL**

*Follow the path through the maze to find the raven  
and stop the menairons' tools from being taken!*

**ENTRANCE**



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## the Oath PORTAL

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You've found the portal to enter the magical world of the *menairons*. Remember to be respectful, calm and well-behaved.  
**But before you enter, you need to take an oath!**


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### LOOK AROUND YOU

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*Each of you must put your hands on the wood and say the oath out loud.*



  
Once you've taken the oath, you may enter through the magic portal and continue your adventure. And remember: never tell anyone about what you see here!



## the DRAGON'S tail

You've now arrived at the entrance to the *menairons'* forest. We know because it's protected by dragons. Have you seen any yet? Look around you carefully... If you see any, don't make a noise. You wouldn't want to wake them up...

On your journey, you will see how the *menairons* live, and you might even find some of their games. **By all means, stop and play them! You'll have a whale of a time. But don't be too rowdy.**

Keep your eyes peeled.  
Look around you and find the things  
on this list. Beware: there's one you  
won't be able to find. But which is it?



USE A PEN OR A PENCIL



MOSS



FERN



FOX



ANT



SCOTS PINE



PALM TREE



SQUIRREL



SNAIL



ALPENROSE



MUSHROOM



MACARULLA



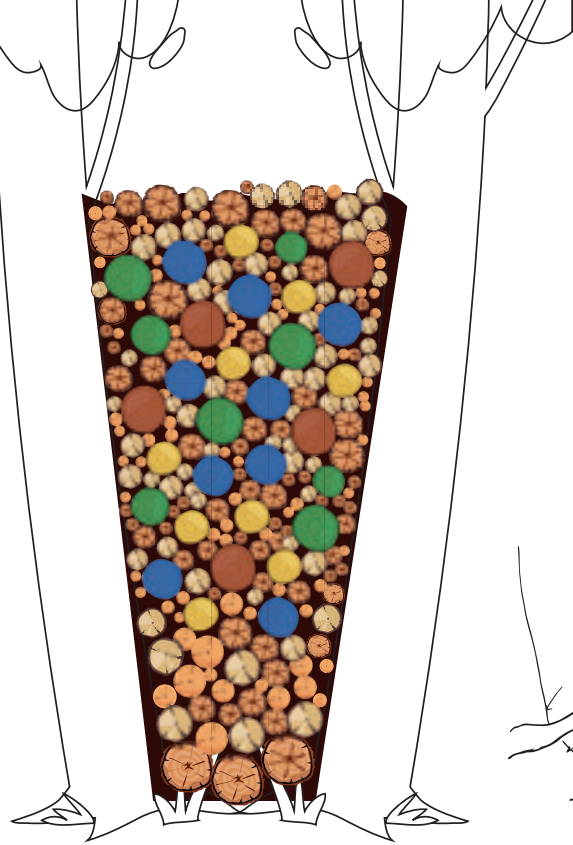
LIZARD



## the PINYOTA

This is one of the *menairons'* favourite games. They're so mischievous, these *menairons*... Always playing, always laughing. Put yourself in a *menairó's* shoes and play to your heart's content!

**To play, two people need to stand either side of the tree.**

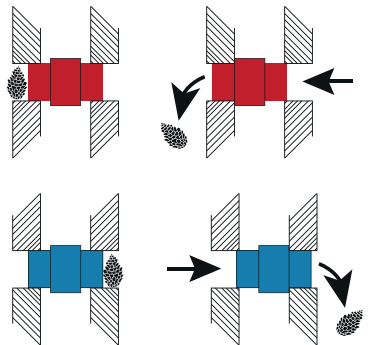


### LOOK AROUND YOU

Each of you must stand either side of the Pinyota game. Pick up 4 *macarullles* (pine cones) each and place them in whichever circles you fancy. Once both of you have done this, take turns to push the circles until the other player's *macarullles* fall.

Whoever gets all their opponent's *macarullles* to fall is the winner. Good luck!

Continue on your path until the next point.







## the XALARBRE

Stop and listen carefully: you will now see and hear the *menairons*! They are miners, cooks, gardeners, vets, herbalists, lumberjacks, rangers, meteorologists, watchmakers and tailors... They are led by a single *menairó*, who organises each group to find the tools hidden by Corax.

Look through the Xalabre's windows and guess the name for each of them. With the help of the descriptions and silhouettes in the tree, match the name of the *menairó* to the description.



### USE A PEN OR A PENCIL



CAUBA

This *menairó* chips away at the white stones.

ESTALL

A picky eater who stirs the pot, adding a pinch of salt now and again.

CLOT

This *menairó* cares for plants and trees and the forest's magical flowers.

RACOPRED

Despite his job, this *menairó* is always late.

SANFONS

This *menairó* feels the cold and always has icy feet, even when the north wind isn't blowing.

BURNA

Day or night, rain or shine, this *menairó* will always look after the forest's wildlife.

CORANTELL

The oldest and wisest in the village. Some herbs from this *menairó* pot can cure all ills.

PERCANELA

This *menairó* is always watching and protecting the forest.

ENTRAVESSADA

The most determined of them all. This *menairó* is always the first to get stuck in.

ASPRES

Call this *menairó* when a tree needs cutting down.



# the MENAIRONS' FRIENDS

The *menairons* have help from their animal friends to carry out their tasks. With them, they can get around faster, carry materials, watch out for danger and gather food. Some of them are very strong, while others are very fast or brave...

## USE A PEN OR A PENCIL

Sort out the letters to spell the name of each animal and match them to their description with an arrow.



I N A L S

.....



Small bird who builds nests with moss, sticks and leaves. **menairons** climb on them to get around more quickly.



Q R U L E S I R

.....



Animal with a long tail and an excellent sense of smell, hearing and sight. Helps the **menairons** carry heavy things.



L I E B U T T

.....



Slow animal who helps the **menairons** with jobs that need a looooooot of patience!



O X F

.....



Animal who helps the **menairons** gather food, by climbing trees and jumping around. Loves pine cones.



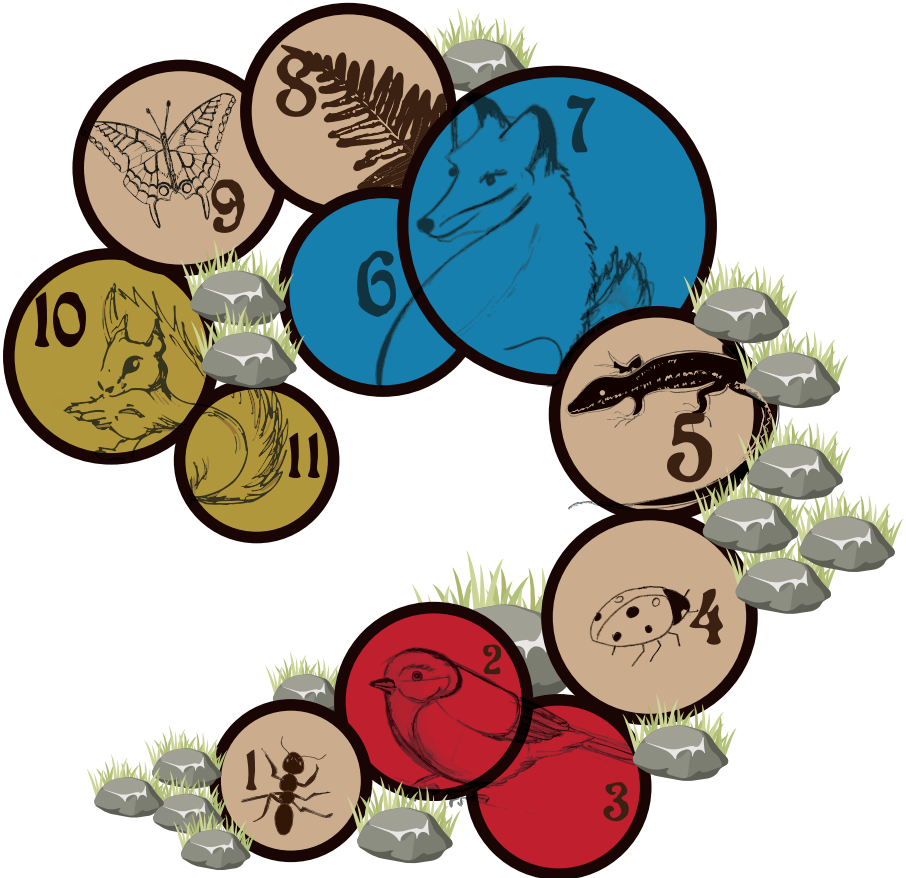
## the babalanca

The snail, who loves to laugh and have fun, has left us a trail to play with. **Want to have a go?**



Throw the *macarulla* and hop to the section where it landed. Now, say a word to link the picture to where you are standing. You can't continue until you say it.

Before carrying on with your adventure, gather some of the *macarulles* you find on your way, as you'll need them later.

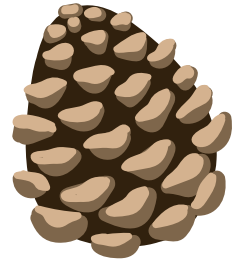




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# basketcone

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When they've taken the pine nuts out of the *macarulles*, the *menairons* and the squirrels gather them in a basket in a really fun way.

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 LOOK AROUND YOU

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Get a stash of *macarulles* and throw as many as you can into the basket in 30 seconds. Throw them one by one.





## the LOST TOOLS

The raven is surprised because the *menairons* aren't scared and haven't left the forest. Instead, they're working together to find their tools and get back to normal as soon as possible.

**How good is your sight?** Corax, who is rather perturbed, has hidden away and wants to annoy the *menairons* once again. Find the raven before the poor *menairons* have to deal with any more naughty plans!



### LOOK AROUND YOU

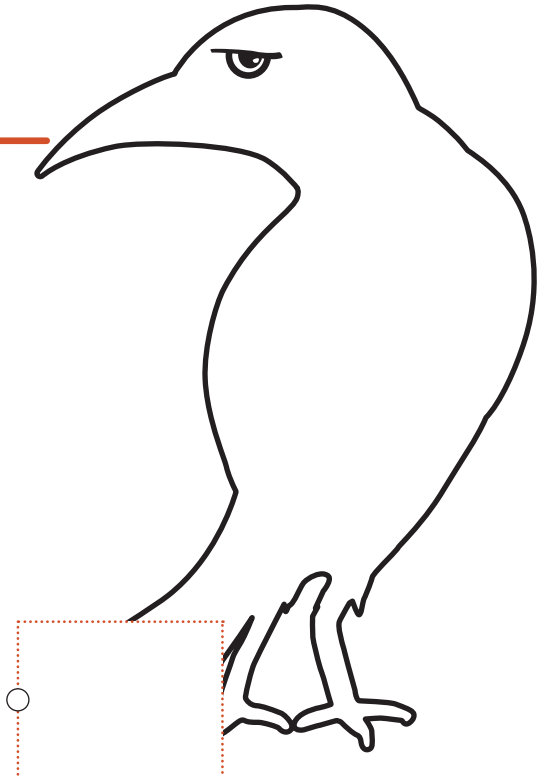
*Find the raven's silhouette, hidden at the crossroads. If your sight is good, you're sure to find it in no time!*

## What is the RAVEN missing?



### USE A PEN OR A PENCIL

*Find the element that has vanished in the raven's silhouette.*



# HELP THE FOX

The fox, who has excellent vision, helps the *menairons* to look for the things the raven has hidden. They might find them more quickly if you join in.  
**Can you help?**



USE A PEN OR A PENCIL



**CAUBA**  
COOK



**ESTALL**  
LUMBERJACK



**CLOT**  
RANGER



**RACOPRED**  
METEOROLOGIST



**SANFONS**  
BELL RINGER



**GARDEN FORK**



**BELL**



**BAG**



**SALT CELLAR**



**PICKAXE**



Do you remember the word you have to say if you see a *menairó*? .....



Find the things the raven has hidden in the trees and match them with the *menairó* they belong to.



**BURNA**  
GARDENER



**CORANTELL**  
HERBALIST



**PERCANELA**  
VET



**ENTRAVESSADA**  
TAILOR



**ASPRES**  
MINER



**WEATHER VANE**



**BINOCULARS**



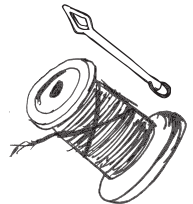
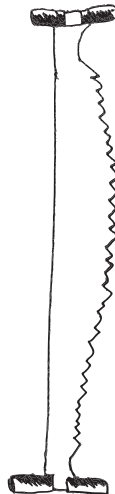
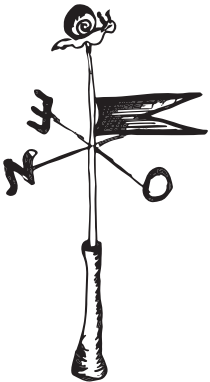
**POT**



**SAW**



**NEEDLE AND  
THREAD**





## the menairons' village

When looking for *menairons* always remember to stay quiet so they don't see us and the dragons don't wake up.

Look carefully at the *menairons'* homes and work out who lives in which. You might even catch a glimpse of some of them!



**Take a selfie!** You can share it on social media with the hashtag **#macarullandorra** and **@andorraworld**. That way, the *menairons* will recognise you next time you come to visit.

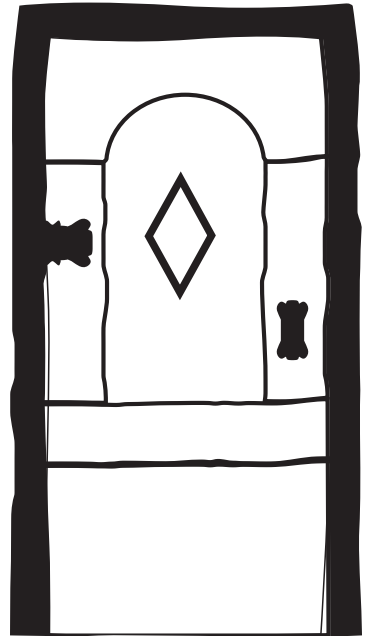
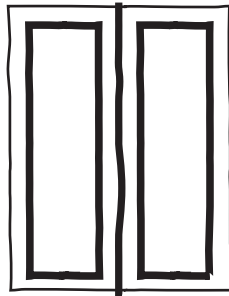


USE A PEN OR A PENCIL

Now you've seen the *menairons'* village:

Which is your favourite *menairó*? .....

Which house would you like to live in? .....



Draw the things from your home that represent your family in the door and the window.





## OUR ADVENTURE'S COMING TO AN END

Now you've left the *menairons'* village behind, there's just a short stretch left before you get back to the start of the route. As you can see, the raven's suitcases are still there.



USE A PEN OR A PENCIL

### WHAT DO YOU THINK THE MENAIRONS HAVE DONE WITH THE RAVEN?

*Circle the answer you think is most likely*

- a. They've used their magic to banish the evil raven!
- b. They've found a way to live together in harmony, and the raven helps them to protect the white stones.
- c. They've forgiven but they haven't forgotten: they're keeping the raven in a cage so that they don't have to deal more of his tricks...

### WHAT WOULD YOU HAVE DONE?

*Suggest a new ending to your adventure.*

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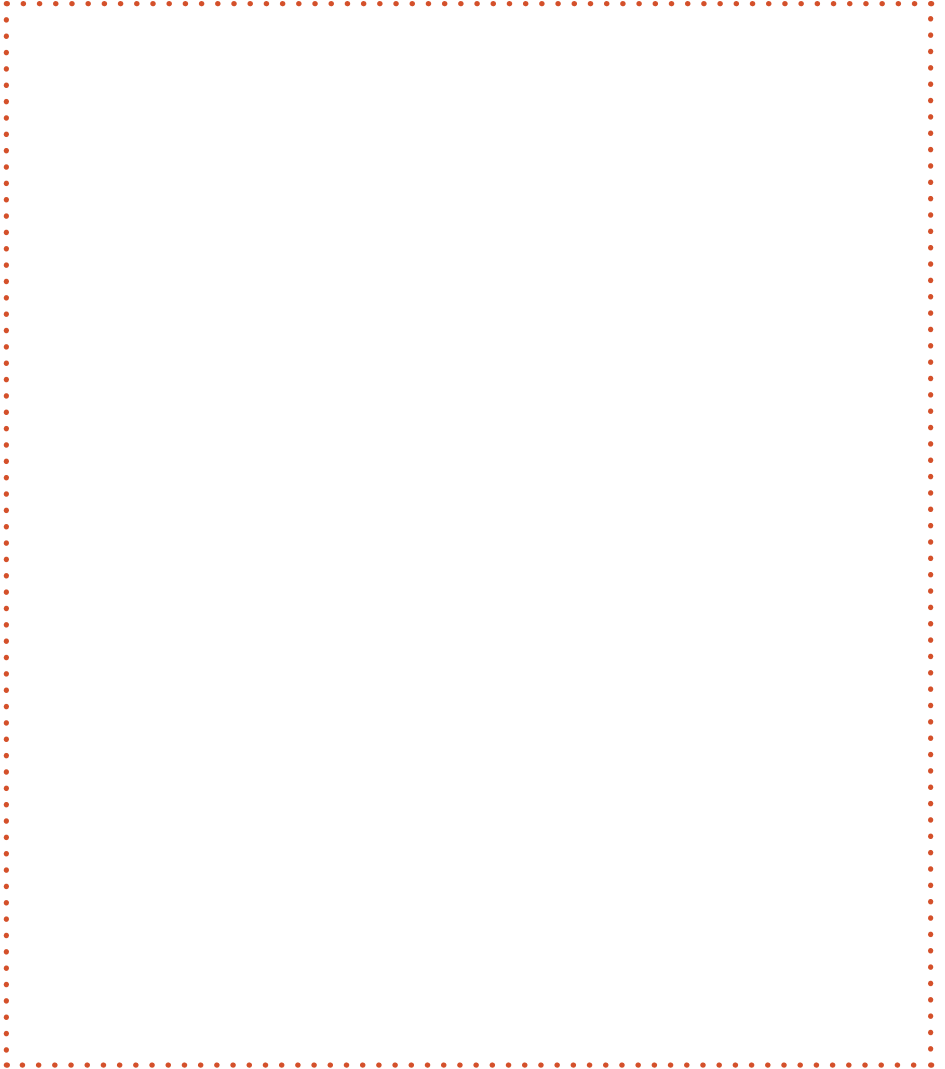
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# Drawing Emotions

Work together to make a **group drawing** of what this experience has meant to you.  
Tip for explorers: It's better to combine everyone's ideas than to pick just one person's.





## to DO at home as a family

**Carry on the adventure!** Register through the Macarulla form and get your official diploma, more information on magical trails and the *menairons'* activity guide to do at home.



You can also find the form here:  
<https://visitandorra.com/en/macarulla/>



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MAGICAL LITTLE PATHS